

**Nottingham
Contemporary**

Augustas Serapinas

Physical Culture

Easy Read Guide



How to use this Guide



In this guide, hard to understand words are underlined. We explain what these words mean after they have been used.

The guide starts with an introduction about the exhibition.

After the introduction, there is a section of the guide telling you about different themes in the exhibition.

You can use the contents page to find out which page of the guide information on each theme is found at.

The contents page is on the next page and tells you what page number to turn to for each section.

The page numbers are written at the bottom of each page.

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Introduction



This exhibition is a display of artworks by an artist called Augustas Serapinas.



We are showing works by Augustas at Nottingham Contemporary from 6 June to 6 September 2026.



Augustas is an artist from Lithuania.

Art School



Augustas studied art at a school called the National M. K. Čiurlionis School of Art in Vilnius.



This school had a very traditional way of teaching art. This means people were taught about works of art from the past, and they were taught ways to make art that have been taught for hundreds of years.



This includes things like:

- Painting with oil paints.



- Making sculptures from different materials like plaster and stone.



- **Life drawing**. This is a type of class where people draw objects or people who are in front of them. Sometimes, life drawing classes draw sculptures shaped like people.



For this exhibition Augustas has made copies of artworks he made when he was at school. These include a sculpture of a worm and an alien, and sculptures of his friends from school.



There are also copies of famous sculptures which Augustas and his school friends used in drawing classes. They would sit and draw the sculptures to get better at drawing things.

Who and What is Important?



When Augustas creates artworks he spends a lot of time looking at the history and meaning of the place where the artwork will be shown.



Augustas is interested in what people think is important and what people remember or forget. Important means something matters a lot.



Augustas is interested in the ways that places like museums, art galleries and schools can change what things and people we see as important.



In art, we might know more about some artists because we learned about them in school or saw their artworks in museums. We might not know about other artists because we were never taught about them or we didn't see their art in museums.



This can mean we think the artists we learned about are important, and the artists we didn't learn about aren't important.

The exhibition at Nottingham Contemporary



For his exhibition at Nottingham Contemporary, Augustas has made an installation. An installation is an artwork which fills a whole room and changes the space.



Augustas's installation looks like a gym. A gym is a place where people go to exercise.



Augustas's gym is different to a normal gym. Augustas has made gym machines with the sculptures from his art school.



Augustas lets people touch his sculptures during special sessions where you can use the gym to exercise.



Touching sculptures is different to how we normally act in art galleries. Most art galleries don't let people touch the artworks.



People taking part in exercise classes or drawing classes in the space changes the exhibition. It makes the space shared and active.



Augustas thinks that gyms are a bit like art schools. In art school people work hard to learn things, and get better at making things. In gyms, people work hard to get fitter and stronger, getting better at doing different exercises. Both of these things take lots of hard work, and doing the same things lots of times to get better at them.



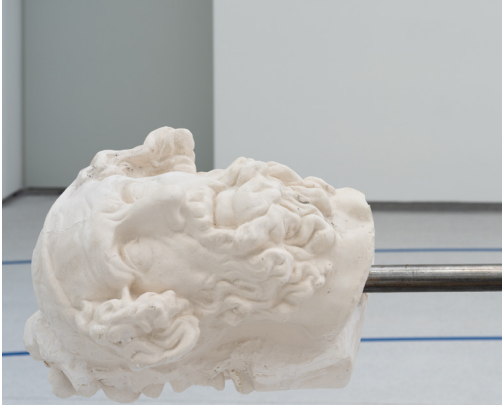
Augustas also thinks that the way artists make sculptures by changing the shape of materials like stone, is like the way some people change their bodies by building up muscle when they go to the gym. Both of these things can be about making something look good.



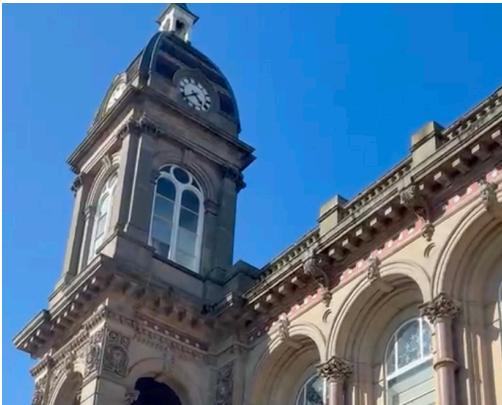
Part of Augustas's art installation is a running track on the floor of the galleries. This track joins the two gallery spaces together.



On the running track there are some metal objects called hurdles. Hurdles are used in sports events. Runners jump over them in a race.



The hurdles in Augustas's exhibition are different to the normal hurdles runners might use in a race. Augustas's hurdles have sculptures of heads on them.

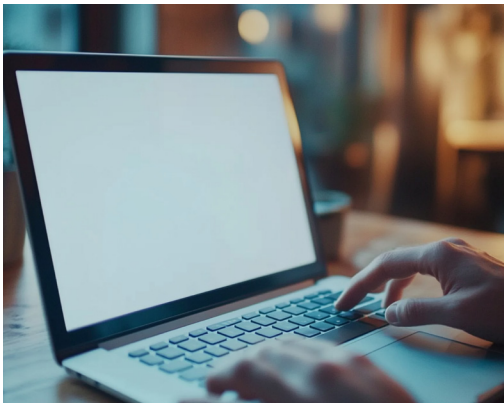


The heads are copies of stone heads which are on the outside of a building in Nottingham called The Waverley building. The Waverley building was built as a school of art in 1865.



The stone heads are sculptures of famous artists from a long time ago. These are artists who people thought were important. People who went to art school in the Waverley Building would have learned about these artists.

For More Information



You can find out more about what we do by looking at our website here:

nottinghamcontemporary.org



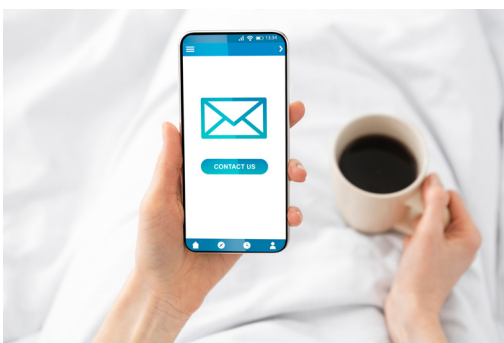
If you would like to help us show more artworks in the future, please think about giving us some money.

We suggest £5 as a good amount.



If you need more information please contact us by:

**Post : Nottingham Contemporary
Weekday Cross Nottingham
NG1 2GB**



Phone: 0115 948 9750

**Email:
info@nottinghamcontemporary.org**

Image Credits

Image credits tell us who took a photograph. The image credits for the photographs you have seen in this easy read guide are shown below.

We have to write these in the way they are written below because of special rules. You don't need to read this part of the guide unless you want to. This part of the guide doesn't tell you anything more about the artworks in the exhibition.

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