

Family Resource: This is our resistance



Introduction

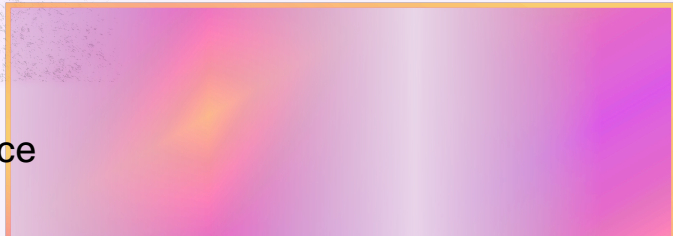
In Galleries 3 & 4, is the artwork of Palestinian artists Basel Abbas & Ruanne Abou-Rahme.

Their work layers sound, images and words to document Palestinian life. They explore how songs and poems can help people feel free and connect them through love, land and community. This is our resistance.

How can you use your movements and voice to respond to the artwork?

They can be used to share moments of happiness, sadness, anger or hope.

#Nottm_ContempThisIsOurResistance



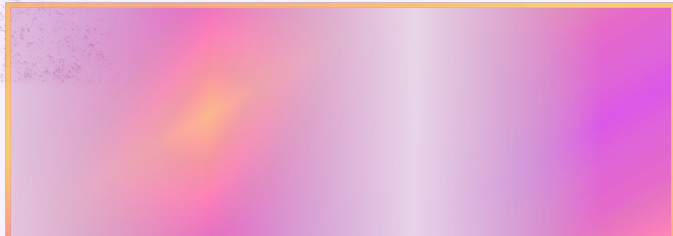
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Phrases of text from the artwork

returning home from the sea of loss

we dreamed with them to the tune of freedom

with every song you remember



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Activity Instructions



The mood of the artwork is often gentle and meditative.

Explore different ways of moving with the fabric. You could do this on your own or with someone else.

Choose a phrase from the artwork. Spend some time reading your phrase. What meaning and feelings does it hold? What might the story be behind it?

Experiment with different ways to say the line you have chosen. You could repeat lines, add new lines, use your voice differently, say it together or share as a call and response.

Add movement using the fabric.

Share your work with us. Take a photo and share on social media
#Nottm_ContempThisIsOurResistance

