

**Walk
ways**

Walk ways



Time

A suggested minimum time for each activity.



Group Size

A suggested group size - individually, pairs, small or large groups.



Materials

The materials needed. Many activities don't require specific things. Materials can often be substituted for what you have to hand.



Another way

A suggestion to develop the activity in another way, taking into consideration weather, materials, time and accessibility.



Ming
ce

Notenbuch
caulen

Müller Straße

Marktstraße

Places for portraits



Instruction

Try and find interesting sites or backgrounds to make portraits of each other, using a camera or by drawing. Think about colour, light, and interesting objects to include.



Another way

Try placing an object on different surfaces, backgrounds and in different lighting. How does the object change?



Materials

Camera, paper, pencils



Time

30+ mins



Group size

Pairs or small groups



Left or right?



Instruction

In pairs or small groups take it in turns to decide which direction to go at each turning.



Another way

What's a new direction or way of moving that you don't usually do?



Materials

None



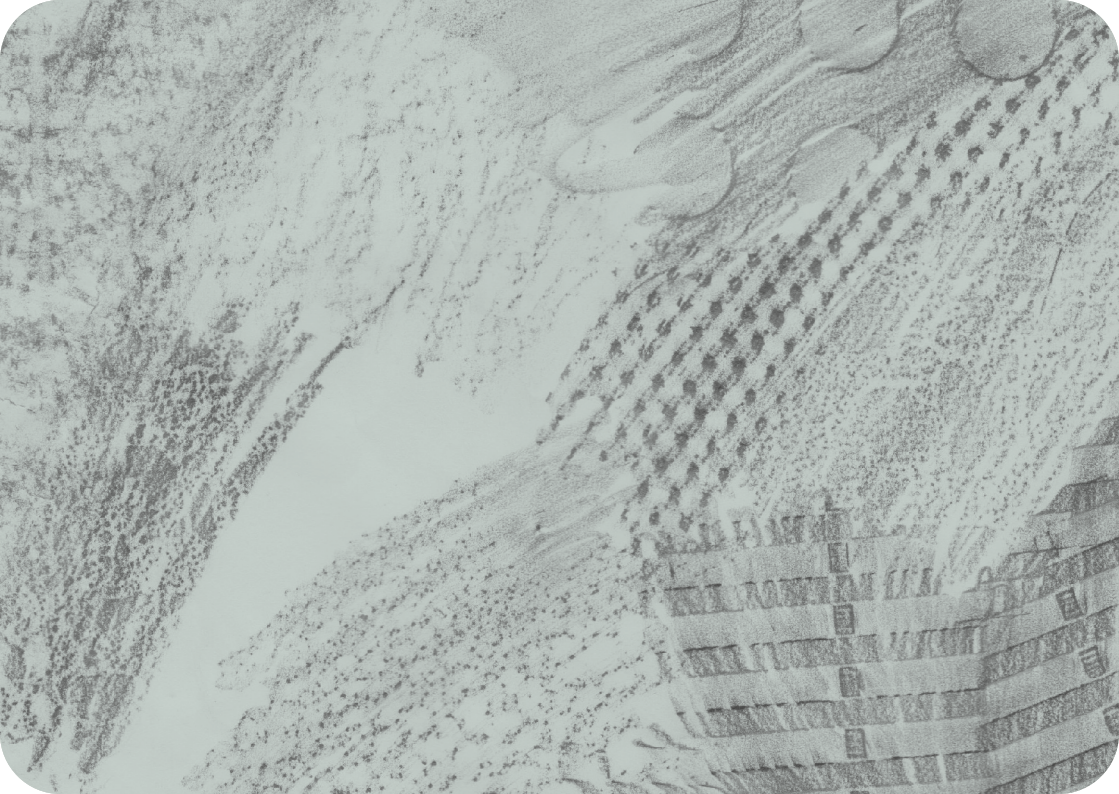
Time

15+ mins



Group size

Pairs to large groups



Reflections



Instruction

See how many reflective surfaces you can find and take pictures in; think about mirrors, glass, water, or metal surfaces.



Another way

Can you spot any reflective or shiny surfaces? What can you see reflected in them?



Materials

Camera



Time

10+ mins



Group size

Individuals, pairs
or small groups



Shadows



Instruction

Whilst outside on a sunny day take photos of each other's or your own shadows. How can you make your shadow look bigger or smaller?



Another way

Using a torch try and create shadows using your body or objects.



Materials

Camera, light



Time

15+ mins



Group size

Pairs



Long Lane

Steep St
Steep

Green St

PARK

Fun walk



Instruction

During a walk see how many ways of walking you can do: fast, slow, shuffling, bouncy, sideways, backwards...



Another way

How many different ways can you move? Can you give them a name? Share your favourite way to move.



Materials

None



Time

5+ mins



Group size

Pairs, small or large groups



Follow your ears



Instruction

Start walking in the direction of a sound, when you find the sound, or stop hearing it, listen for another sound and move towards that, and so on (If you are not able to find your sound. Listen for a new one).



Another way

What are some sounds that you might hear on a walk? What is your favourite sound to hear outside?



Materials

None



Time

15+ mins



Group size

Individuals, pairs
or small groups



Lace Road



Sound Walk



Instruction

Find things that can make sounds, try to record them, either with an electronic recording device or by describing the sounds using words.



Another way

Try to use instruments, objects or your body to replicate sounds you might hear while on a walk.



Materials

Electronic recording device, paper, pens



Time

30+ mins



Group size

Individuals, pairs or small groups



Follow your nose



Instruction

Start walking in the direction of a smell, when you find the smell or stop smelling it, try and find a new scent and follow that, and so on. (If you are not able to find your smell. Try to find a new one).



Another way

What are some scents that you might smell hear on a walk? what is your favourite scent to smell outside?



Materials

None



Time

15+ mins



Group size

Individuals, pairs
or small groups