

# blend Food Menu

## Breakfast Served until 12pm

### Sourdough Toast (AFO) (LGFO) £3.75

Two slices of toasted Welbeck Bakery sourdough, served with butter and homemade jam

### Blueberry Crumble Granola (AF) (LGF) £6.75

House berry and almond granola mix, fresh seasonal fruit, blueberry compote, topped with plant-based yoghurt and agave syrup

### Blend Carnivore Breakfast (LGFO) £9.50

Fried potatoes, Owen Taylors country sausage, fried Sunrise Farm egg, smoked streaky bacon, homemade smoky beans, roast chestnut mushrooms and Welbeck sourdough toast

### Blend Herbivore Breakfast (AF) (LGFO) £9.50

Fried potatoes, Quorn vegan sausages, homemade smoky beans, scrambled tofu, roast chestnut mushrooms and Welbeck sourdough toast

Add a Sunrise Farm egg for £1

## Brunch Served all day

### Steak and Eggs (LGF) £11.50

Pan fried Flat iron steak (cooked pink or through), covered in our house herb butter, two Sunrise Farm fried eggs, fried maris piper potatoes, with fresh frisée

### Baked Aubergine (AF) (LGF) £8.75

Baked spiced aubergine topped with warm cherry tomatoes, grilled feta, and a chunky salsa rossa. Served on a bed of romesco sauce

### Chicken n' Brioche £9.00

Blend secret recipe fried chicken served on Welbeck brioche loaf smothered in our house herby butter. Finished with fresh frisée salad, maple Sriracha and chives

### Chocolate and Banana French Toast £9.50

Welbeck Bakery brioche dipped in egg and cream, then fried until golden. Topped with a Nutella sauce, brûléed banana, candied pecans, vanilla bean ice cream and fresh strawberries

### Ultimate Bacon (LGFO) £7.50

A winning combination of smoked bacon, cooked with a Sunset Espresso maple glaze and cracked black pepper  
Add a Sunrise Farm egg for £1

### Breakfast Bruschetta (AFO) £8.00

Grilled Welbeck ciabatta topped with either scrambled tofu or scrambled Sunrise Farm egg. Served with avocado, warm cherry tomato, salsa rossa, basil and chilli oils and crushed chilli flakes

## Grilled Cheese Served after 12pm

Melted perfection served on Welbeck sourdough bread, featuring our classic cheese blend

**We change up our Grilled Cheese options frequently, so please check out what's on our specials board today!**

## Sandwiches Served after 12pm

Served on Welbeck sourdough ciabatta (LGFO)

### Steak Ciabatta £8.95

Flat iron steak (cooked pink or through), balsamic onions, rocket and mustard mayonnaise between two slices of grilled Welbeck ciabatta loaf, served with dressed frisée salad and crisps

### Spicy Tofu Ciabatta (AF) £7.50

Grilled tofu with Sriracha, sautéed peppers, spring onions, baby spinach and romesco style sauce- with a chilli twist, between two slices of grilled Welbeck ciabatta loaf, served with dressed frisée salad and crisps

## Salad Bowls Served after 12pm

### Grilled Chicken Salad (LGF) £7.95

Harissa marinated chicken breast, frisée, spinach, cherry tomatoes, avocado, toasted pine nuts, with our house dressing

### Fig Salad (AF) (LGF) £7.00

Fresh figs, roast butternut squash, spring onion, feta, frisée, spinach, with our house dressing

## Sides Served after 12pm

### Frisée Salad £3.00

### Thick Cut Chips £3.50

### Bread and Oils £2.95

### Cheesy Potato Pot £3.95

**Please see our alternative menu for Kids options!**

## Coffee & Cake Deal - £6.50

Any cake and regular hot drink included

Kitchen is open **9:30-4** everyday.

Our menu features **homemade** and **locally sourced** ingredients.

Please notify staff of any allergies at the time of ordering

AF- Animal Friendly

AFO- Animal Friendly Option Available

LGFO- Low Gluten Friendly

LGFO- Low Gluten Friendly Option Available