

# Nottingham Contemporary

## Meriem Bennani

Life on the CAPS



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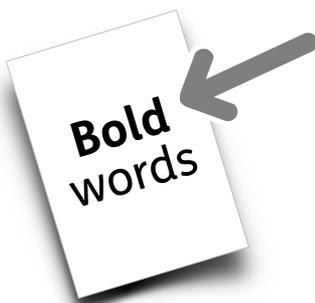
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In this Easy Read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are [blue and underlined](#). These are links which will go to another website which has more information.

# Introduction



Life on the CAPS is a collection of artworks by an artist called Meriem Bennani.



It is made up of 3 films.



2 of the 3 films are being shown in Nottingham Contemporary from the 7th May until 4th September.



This is the first time Meriem Bennani's artworks have been shown on their own in the UK.

# Meriem Bennani



Meriem Bennani uses her art to tell stories.



She makes films that use a lot of **technology**.

**Technology** means things like phones and computers.



She does this to think about how technology affects our world.



She makes films with her friends and family as actors.



She uses the issues from their lives to make the stories for her films.

# Life on the CAPS



Life on the CAPS imagines the future on a made-up island called the CAPS.

Meriem Bennani imagines:



- People can **teleport** in the future.

**Teleport** means move to a different place without it taking any time.



- Some people get in trouble for teleporting without being allowed.



These people are put in prison on the CAPS and can't leave.

Meriem Bennani made up the CAPS to help think about ideas like:



- Wanting to be somewhere else.



- Not being in control of what happens where you live.

# Gallery 1 - Party on the CAPS



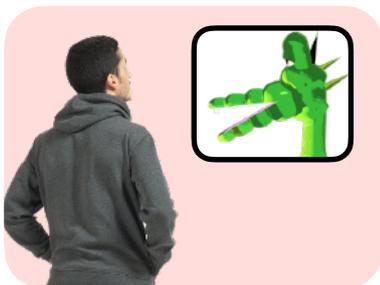
Party on the CAPS was made in 2018 and 2019.



It is a 25 minute long video.



It looks at the part of the CAPS where a lot of people from Morocco live.



It mainly looks at someone called Fiona the crocodile, who shows the audience around the CAPS.



Fiona the crocodile tells the audience that the CAPS used to be a prison for people who were trying to go to America.



People who live there have health problems like 'plastic face syndrome', which is not real.



The prison has turned into a big city.

# Gallery 2 - Life on the CAPS



Life on the CAPS was made in 2022.



It is a 34 minute long video.

This artwork is mainly about:



- Protests on the CAPS.



- A man called Kamal, who has bought himself a new body.



The film ends with a large protest.



The people in the protest make music in a musical style from Morocco called the deqqa.

Deqqa is a type of music that uses clapping.

# For more information



You can find out more about what we do by looking at our website here: [nottinghamcontemporary.org](http://nottinghamcontemporary.org)



If you would like to help us show more artworks in the future, please think about giving us some money.



We suggest £3 as a good amount.



If you need more information please contact us by:

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