Activity: Body Marks





1. Open your material pack that includes the materials to get you started: white paper, black paper, tracing paper, chalk and some sealable plastic bags. You will need to add a container from home.

2. Firstly you're going to crush some of your materials. Snap your chalk sticks into one of plastic bags.



3. Now grind your chalk up into a powder. You can test different ways to do it - bang on top of the bag, throw it on the ground, or stamp on it. Just be careful not to split the bag!



4. Once you've got a fine chalk powder, tip it into a container that you can dip into.



5. Now you can test making marks with your body. I'm using my fingertips, but you can use other parts of your body too. Dip into the ground chalk and explore.



6. Try dabbing, poking, smearing, or splatting! How many different types of marks can you make? What happens when you use less chalk?





7. Test out different types of paper, how do your marks show up on tracing paper? How does white chalk look on white paper? Or coloured chalk on black paper?

8. You can also try mixing a small amount of water into your chalk - it's like mixing a kind of powder paint. Do the marks have change when you use the chalk in this way?



9. Explore making lots of different patterns and textures!



10. Layer all your different patterns and textures together - and see all the marks you can make from just using your touch.

11. We would love to see your experiments in body mark making, share your artworks with us at #Ncmaking.